*Direct quote*: “Despite the lack of solid research evidence to date, ICTs hold promise in addressing the challenges of mental health care” (Breslau & Engel 2016, p. 17).   
*Paraphrasing*: Breslau and Engel (2016, p. 17) state that, in the future, ICT’s could be used to diagnose and treat patients with mental dysfunctions and illnesses.